

October 2024

YMCA YDC

Monday	Tuesday	Wednesday	Thursday	Fri-yay
	1 Bosco Sticks Carrots Pears Milk	2 Hotdog on Bun Corn Applesauce Milk	3 Hamburger on Bun Peas Peaches Milk	4 Ham & Cheese Wrap Mixed Vegetables Mixed Fruit Milk
7 Cheese Pizza Corn Pears Milk	8 Chicken Fries Peas Peaches Milk	9 Sloppy Cheeseburgers Green Beans Apple Slices Milk	10 Burrito Bake Corn Pineapple Milk	11 Corndog Carrots Mixed Fruit Milk
14 Pizza Quesadilla Peas Pears Milk	15 Meatloaf Green Beans Peaches Bread Milk	16 Pulled Pork Sandwich Mixed Vegetables Pineapple Milk	17 French Toast Sausage Carrots Apple Slices Milk	18 Tacos Corn Fresh Fruit Milk
21 Chicken Alfredo Over Noodles Peas Peaches Milk	22 Sloppy Joe on Bun Corn Apple Slices Milk	23 Chicken Nuggets Mixed Vegetables Pears Milk	24 Pasta with Meat sauce Green Beans Pineapple Milk	25 Cheese Pizza Carrots Mixed Fruit Milk
28 Goulash Corn Applesauce Milk	29 Hamburger on Bun Carrots Pears Milk	30 Ham & Potato Casserole Green Beans Pineapple Milk Bread	31 Cheese Pizza Quesadilla Peas Mixed Fruit Milk	

Menu is subject to change due to availability. Whole grain served daily.