

January 2024

YMCA/YDC

Monday	Tuesday	Wednesday	Thursday	Fri-yay
		1 CLOSED Happy New Year!	2 Chicken Nuggets (WG) Carrots Mixed Fruit Milk	3 Ham & Cheese Wrap(WG) Green Beans Pineapple Milk
6 Goulash(WG) Peas Pineapple Milk	7 Fish Shapes Mixed Vegetables WW Bread Pears Milk	8 Cheese Pizza Quesadilla(WG) Carrots Mix Fruit Milk	9 Chicken Alfredo over (WG)Pasta Green Beans Peaches Milk	10 Sloppy Joe on (WG)Bun Corn Fresh fruit Milk
13 Meat Loaf Carrots WW Bread Pineapple Milk	14 Burrito Bake (WG) Green Beans Mixed Fruit Milk	15 Cheese Pizza (WG) Corn Peaches Milk	16 Hamburger on Bun(WG) Peas Pears Milk	17 Corndog(WG) Mixed Vegetables Apple slices Milk
20 Chicken Nuggets(WG) Corn Peaches Milk	21 Ham & Potato Casserole Carrots Pineapple WW Bread Milk	22 Pasta(WG) with Meat sauce Peas Mixed Fruit Milk	23 French Toast (WG) Sausage Mixed Vegetables Pears Milk	24 Tuna Melt on WG Bun Green Beans Fresh Fruit Milk
27 Cheeseburger Mac (WG) Carrots Pears Milk	28 Taco on (WG) tortilla Peas Mixed Fruit Milk	29 Chicken Pot Pie Apple Slices WW Bread Milk	30 Sloppy Joe on (WG)Bun Green Beans Peaches Milk	31 Bosco Sticks(WG) Corn Pineapple Milk

Menu is subject to change due to availability. Whole grain served daily.